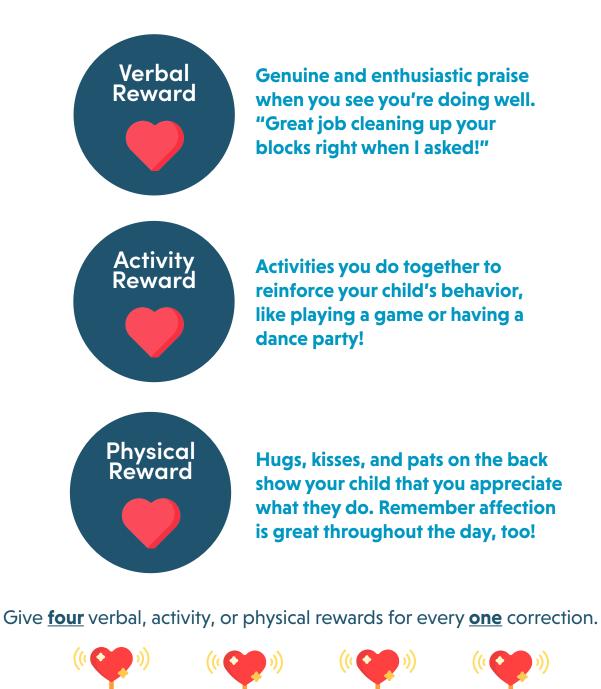
## **Connected Families:** Effective Reward and Praise

## **Types of Rewards**

Your child likely hears a lot of directions throughout the day – things they can and cannot do! It's easy to forget to praise young children for their efforts and accomplishes. But, a little bit goes a long way. Using three types of rewards you can provide your child the praise and encouragement they need to keep up those positive behaviors!









## **Connected Families:** Effective Reward and Praise

## Keys to Making Rewards Effective





Give Rewards and praise immediately after you see a positive behavior.



Be consistent and specific with your praise and rewards over time.



Reward small improvements, like following directions the first time, because they are tough for your child!



Use rewards as a strategy to teach a new skill, like sharing or making their bed.



Use rewards to motivate your child to improve behaviors.



Pair non-social rewards, like a new toy, with specific praise to encourage your child to repeat the positive behavior.





